

Nutrition Facts	
1 serving per container	
Serving size	(0.0g)
Amount Per Serving	
Calories	520
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 205mg	68%
Sodium 360mg	16%
Total Carbohydrate 45g	16%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 44g	
Vitamin D 0.3mcg	2%
Calcium 20mg	2%
Iron 2mg	10%
Potassium 460mg	10%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CHICKEN THIGH, JASMINE RICE, MIXED VEGETABLES (PEAS, CARROTS), AVOCADO OIL, SALT, GARLIC, ONION, OREGANO, PAPRIKA, CILANTRO, KOSHER SALT, CAYENNE PEPPER, THYME

Nutrition Facts	Servings: 1, Serv. Size: (22g) , Amount Per Serving:
Calories 50 , Total Fat 5g (6% DV), <i>Sat. Fat</i> 1g (5% DV), <i>Trans Fat</i> 0g, Cholest. 5mg (2% DV), Sodium 135mg (6% DV), Total Carb. <1g (0% DV), <i>Fiber</i> 0g (0% DV), <i>Total Sugars</i> 0g (Incl. 0g <i>Added Sugars</i> , 0% DV), Protein 1g, <i>Vit. D</i> (0% DV), <i>Calcium</i> (2% DV), <i>Iron</i> (0% DV), <i>Potas.</i> (0% DV).	

INGREDIENTS: MAYONNAISE, JALAPENOS, LIME JUICE, PARMESAN, CILANTRO, GARLIC, KOSHER SALT

CONTAINS: MILK